



Adventure: Bobcat – (Character & Leadership)

(Required)

Date:

Name:

Contact:

The first Adventure everyone starts with in Cub Scouting is Bobcat. Bobcat is focused on character and introducing the values of Scouting to you and your Cub Scout. To learn more about the Bobcat Adventure use the QR code above.

Requirements:

1. Get to know the members of your den.
2. Have your Lion adult partner or den leader read the Scout Law to you.
Demonstrate your understanding of being friendly.
3. Share with your Lion adult partner, during a den meeting or at home, a time when you have demonstrated the Cub Scout motto "Do Your Best."
4. At home, with your parent or legal guardian do the activities in the booklet "How to Protect Your Children from Child Abuse: A Parent's Guide."

Lesson Plan:

1. Have people put name tags on as they arrive.
2. Have each child and adult partner review the Scout Law in the handbook until everyone shows up (or about 10 minutes).
3. Lions Talk and Lions listen activity (in handbook)
4. Create Friendship zipper pulls (supplies provided)
5. Sing Wigalo song
6. Create Den Doodles (supplies provided)
7. Remind everyone to go over the Youth Protection Pamphlet activities at home!!



Adventure: I'll Do It Myself

(Elective)

Date:

Name:

Contact:

Learn about personal responsibility.

Requirements:

1. Make and use a "lion bag" for personal Scouting gear.
2. Construct a personal care checklist
3. Put on your shoes without help. Take them off and put them away.

Lesson Plan:

1. Have people put name tags on as they arrive.
2. Play "Are those my shoes?" While waiting for everyone and once or twice once everyone arrives. Talk about how some places in the world do not wear shoes indoors.
3. Have each child and adult partner review handbook pages 43 and 45. Make checklists using crayons and pages 43/45 in the handbook.
4. Make a Lion Bag using bags from Scout Shop, Permanent Markers, Fabric paint.
5. Remind everyone to review the Youth Protection Pamphlet or review it online if they have not already.
6. Talk about the next meeting, what is the date, what is needed.



Adventure: Mountain Lion – (Outdoors) (Required)

Date:

Name:

Contact:

The natural environment continues to be a great place to learn and discover. The value of being outdoors has been proven to have benefits for both youth and adults. For Lion Cub Scouts, this means simply taking a walk outside and noting what they see.

Requirements:

1. Identify the Cub Scout Six Essentials. Show what you do with each item
2. With your den, pack, or family, take a walk outside spending at least 20 minutes exploring the outdoors with your Cub Scout Six Essentials. While outside, identify things that you see with your Lion adult partner that are natural and things that are man made.
3. Describe what S.A.W. means
4. Identify common animals that are found where you live. Separate those animals into domesticated and wild

Lesson Plan:

1. Have people put name tags on as they arrive. *(Optional)*
2. Have each child and adult partner work on Domestic or Wild animals on page 12 (in handbook). Share with the group once everyone arrives.
3. Review what S.A.W. means. Use page 11 (in handbook).
4. Play Kim's game with Cub Scout Six Essentials.
5. Go for a HIKE/WALK!! Make sure it's at least 20 minutes. Play reverse hide and seek or let kids practice blowing whistles.
6. Remind everyone to go over the Youth Protection Pamphlet activities at home!!



Adventure: Lets' Camp

(Elective)

Date:

Name:

Contact:

Learn about the basics of camping on this overnight Adventure.

Requirements:

1. Learn about the buddy system and how it works in the outdoors.
2. Before going on the overnight campout, discuss what type of weather is expected and what type of clothes you should wear.
3. Pack up your Cub Scout Six Essentials for the campout.
4. Attend a council or district Cub Scout overnight camp or attend a campout with your pack.

Lesson Plan:

1. As Scouts come in, have them "Buddy up" and play Tic Tac Toe. Use plain paper and crayons.
2. Once everyone arrives, discuss how the Buddy System works. Complete page 47 (in handbook).
3. Do the "What should Kat wear" activity (in handbook).
4. Remind everyone when and where camping is taking place. Remind Scouts to bring 6 essentials.
5. Talk about the next meeting and what is needed.



Adventure: Fun on the Run – (Personal Fitness) (Required)

Date:

Name:

Contact:

Personal fitness is learning about proper nutrition, hygiene, exercise, and rest. Children who develop habits at an early age are more likely to continue those habits into adulthood.

Requirements:

1. Identify the five different food groups.
2. Practice hand washing, point out when you should wash your hands.
3. Be active for 20 minutes.
4. Practice methods that help you rest.

Lesson Plan:

1. Have Scouts sign up to bring different snack items for this meeting to share.
2. Have Scouts go outside and play with bubbles and freeze tag for 20 minutes. Ask how their hands feel.
3. Come inside and practice washing hands.
4. Eat snacks while doing page 13 (in handbook). Talk about or show different food groups.
5. Try a quick meditation or breathing practice.
6. Remind everyone about next meeting and what is needed.



Adventure: Pick My Path

(Elective)

Date:

Name:

Contact:

Practice good decision-making such as doing a Good Turn or following the rules of a game.

Requirements:

- 1 . Explain that choices have consequences.
2. Perform a Good Turn for another person.
3. Learn the basic rules of a game and play the game.

Lesson Plan:

1. Have Scouts play Tic Tac Toe with a buddy as they show up. Use pages 57 & 59 (in handbook). Once everyone has played, have them talk about how choices lead to consequences.
2. Have Scouts pick a new buddy. Practice compliments.
3. Have Scouts pick a chore they will help with at home.
4. Learn and play "Rock, Paper, Scissors".
5. Remind everyone about the next meeting and what is needed.



Adventure: King of the Jungle - (Citizenship) (Required)

Date:

Name:

Contact:

Citizenship is about actively participating with those around you to create a community. For Lion Cub Scouts, their community is their home and the people they live with. Learning that they, too can contribute and have a part in their home is the objective of this adventure.

Requirements:

- 1 . Draw a picture of the people you live with.
2. With your Lion adult partner, choose a job that will help your family. Follow through by doing that job at least once.
3. Talk with a grandparent or other older adult about what citizenship means to them.
4. Participate in a service project.

Lesson Plan:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.



Adventure: On Your Mark

(Elective)

Date:

Name:

Contact:

Building and racing a box derby are opportunities to teach sportsmanship.

Requirements:

- 1 . Play a game with your den
- 2, Participate in an obstacle course relay.
3. Build a box derby and participate in a race

Lesson Plan:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.



Adventure: Lion's Pride - (Family & Reverence)

(Required)

Date:

Name: AT HOME

Contact:

Cub Scouting welcomes families of all faiths. This Adventure is about exploring your family's faith traditions. In Scouting, being reverent means you are faithful to your beliefs and that you are respectful of others' beliefs.

(This Adventure may be earned by completing the requirements below OR by completing a religious emblem of the Cub Scout's family's choosing.)

Requirements:

1. With your parent or legal guardian, talk about your family's faith traditions. What are the major holidays or celebrations your family participates in on an annual basis? Draw a picture of your favorite family faith tradition, holiday, or celebration.
2. With your family, attend a religious service or other gathering that shows how your family expresses reverence.
3. Make a cheerful card or a drawing for someone you love and give it to them.



Adventure: Lion's Roar – (Personal Safety Awareness) (Required)

Date:

Name:

Contact:

With world-leading experts in the field, this Adventure will introduce you and your child to Protect Yourself Rules.

Requirements:

- 1 . With permission from your parent or legal guardian, watch Protect Yourself Rules for the Lion rank.
2. With your Lion adult partner, demonstrate Shout, Run, Tell as described in Protect Yourself Rules.
3. With your Lion adult partner, demonstrate how to access emergency services.
4. With your Lion Adult Partner, demonstrate how to safely cross a street or walk in a parking lot.

Lesson Plan:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.



Adventure: Race Time

(Elective)

Date:

Name:

Contact:

The most iconic activity in Cub Scouting: build, race, and have fun

Requirements:

1. With your Lion adult partner, assemble and decorate either a Pinewood Derby® car or a Raingutter Regatta boat.
2. Learn the rules of the race for the vehicle chosen in requirement 1.
3. Before the race, discuss with your Lion adult partner how you will demonstrate good sportsmanship during the race.
4. With your Lion adult partner, participate in a Pinewood Derby or a Raingutter Regatta.

Lesson Plan:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.



Adventure: Count on Me (Elective)

Date:

Name:

Contact:

Work with and identify geometric shapes.

Requirements:

1. Make a Lion using only squares, triangles, and circles.
2. Play a game with your Lion adult partner or den that is based on counting or numbers.
3. Organize a group of items based on shape, then based on color, and one other category. Count how many shapes are in each category. After organizing them, build anything using only one category.

Lesson Plan:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.



Adventure: Everyday Tech

(Elective)

Date:

Name:

Contact:

Identify and learn to use technology that is part of everyday life.

Requirements:

- 1 . Discover technology around your home, meeting place, or neighborhood.
2. Discover ways that digital technology can make life easier.
3. Identify an item of digital technology you use at home. Demonstrate to your Lion adult partner how you use it safely.

Lesson Plan:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.



Adventure: Build It Up, Knock It Down (Elective)

Date:

Name:

Contact:

Basic concepts of building with various materials

Requirements:

1. With your Lion adult partner, build a structure.
2. With your den or family, build a structure.
3. Build something that is designed to be knocked down.

Lesson Plan:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.



Adventure: Ready, Set, Grow

(Elective)

Date:

Name:

Contact:

Plant a small garden and watch it grow.

Requirements:

1. Discover where the food we eat comes from.
2. Plant a small garden outside or in a container.
3. Visit with an individual who can demonstrate different ways to garden (outside, greenhouse, container, etc.) and the basic skills needed to garden.

Lesson Plan:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.



Adventure: Champions for Nature (Elective)

Date:

Name:

Contact:

Discover natural resources and human-made items and how to recycle.

Requirements:

1. Discover the difference between natural resources and man-made items.
2. Discover the difference between organic, paper, and glass waste.
3. Discover recycling.
4. Participate in a conservation project.

Lesson Plan:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.



Adventure: On a Roll

(Elective)

Date:

Name:

Contact:

With the den or pack, get out and ride a bike.

Requirements:

1. With your den or Lion adult partner, learn about the safety gear you should use while riding a bicycle.
2. With your den or Lion adult partner, learn the safety rules to follow when riding a bicycle.
3. With your Lion adult partner or family, ride a bicycle wearing appropriate safety gear and follow safety rules.

Lesson Plan:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.



Adventure: Gizmos and Gadgets (Elective)

Date:

Name:

Contact:

Introduction of concepts of physics, motion, and force.

Requirements:

1. Explore properties of motion.
2. Explore properties of force.
3. Use household materials to create a useful object.

Lesson Plan:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.



Adventure: Go Fish

(Elective)

Date:

Name:

Contact:

Go fishing with your family, den, or the whole pack!

Requirements:

1. With your Lion adult partner, learn the rules of fishing safely.
2. Draw a picture of the type of fish you think lives in the water where you are going fishing.
3. Go fishing with your Lion adult partner.

Lesson Plan:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.



Adventure: Time to Swim (Elective)

Date:

Name:

Contact:

Learn the basics of being safe in and around the water,

Requirements:

1. Learn about the swimming safety rules that you need to follow.
2. Demonstrate how to enter the swimming area properly.
3. With your Lion adult partner as your buddy, be active in water depths matching your ability for 20 minutes.
4. Place your face in the water and blow bubbles.
5. Demonstrate how to exit the swimming area properly.

Lesson Plan:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.